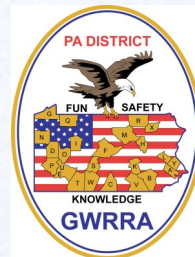




GWRRA NORTHEAST REGION (B)
Pennsylvania District
Somerset, PA.



CHAPTER PA-T

GWRRA LEADERSHIP

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Anita Alkire

Pa. District Director

Harold & Diane Jackson

Pa. Assistant Director

Brownie & June Statler

Pa. Assistant Director

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Pa. Assistant Director

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PA District Rider Education & MAD

Doug & Cindy Motter

PA Asst. District Rider

Education

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Gerry & Bonnie Vanart

PA District COY Coordinators

Barry & Rhonda Blyler

District Couple of the Year

Dana & Danise Hartle

District Webmaster

Mike & Darlene Ammerman

JULY 2018

Chapter Team

Chapter Directors

Randy & Janet Shawley
(814) 267-5082

Assistant Chapter Director

Bob & Carolyn Short

Treasurer

Bill Phillips

Membership Enhancement

Andrea & Rick Riek

Chapter Couple of the Year

Rick & LuGene Miller

Ride Coordinator

Mike & MaryAnn Scheve

Newsletter Editor

Bill & Dawn Wilgus

Birthday & Anniversary's

Dawn & Bill Wilgus

gwnut@atlanticbb.net

Monthly Gatherings

Second Friday of each month.

Eat at 6:00 Gathering at 7:00

Kings Restaurant
1180 North Center Ave.
Somerset Pa. 15501

Calendar of Events

JULY 2018

4th Independence Day

7th Bug Run

Berlin Pa

13th Chapter Gathering

14th Traditions Ride

Martinsburg Pa

21st Daffins Candy Ride

Sharon Pa.

27-29th All Chapters East.

Lancaster Pa.



Have A Happy Independence Day

Honor our Great Nation





Chapter Director Randy & Janet Shawley

FROM THE DESK OF THE CHAPTER DIRECTOR

HELLO CHAPTER "T" FAMILY

I hope everyone had a wonderful, safe and happy 4th of July. Don't forget about our bug run on Saturday July 7th starting at 12:00 noon at the Berlin Grove.

Keep checking the chapter website and ride schedule for information on future rides. If you really care about your chapter, please attend the next gathering. It's very important to the future of Chapter "T".



HAROLD & DIANE JACKSON

DISTRICT DIRECTORS

Many of us have been wondering where is summer? I guess summer is here; as I write this article the temperature is 90 degrees. And guess what; summer is on time. The first day of summer is June 21st.

Happy 4th of July to everyone! The 4th of July is a celebration and often referred to as Independence Day. Thank you to our military and first responders that keep us safe so, we can enjoy our independence and freedom.

We just attended All Chapters West. Thank you, PA-P, for hosting the event and for a job well done. The weekend had a great ride, good food and FUN! Those that attend had time for socializing and were able to sit around campfires. The weather cooperated and we had a dry weekend. For those that did not attend, hopefully, you will consider attending next year's All Chapters West or go to All Chapters East this year.

If you are not signed up to attend All Chapters East, July 27-29th at the Old Mill Stream Campground, Lancaster, PA please contact Jim Burr payellowtrike@gmail.com. Our host chapter PA-B has a great weekend planned.

Have you made plans to attend Wing Ding 40? It is the National Rally being held in Knoxville, TN. The last couple of years Wing Ding has been on the western half of the USA. Knoxville is a great area to visit, is a great area to ride and it is practically in our backyard.

Pennsylvania has been selected to sell tickets on Wednesday, August 29th at Wing Ding. We need a few more volunteers to fill time slots. Please give us a call at 814-589-1307 or email us at jackson2@zoominternet.net if you have time to volunteer. Thank you if you have already volunteered!

Have you looked at the PA District events calendar? There are many great rides and events listed; you and your chapter should consider attending an event that is listed.

We have noticed there are not many events listed on the events calendar as there were at the beginning of the year. We know many chapters have FUN events and outings planned. Let's get your chapter events listed so everyone is aware as to what is happening in the dis-





DOUG MOTTER

DISTRICT RIDE COORDINATOR

Hi Everyone,

I would like to change the topic this month. I recently encountered something that I have been teaching in CPR/First Aid courses. I want to share an experience about *emotional consideration*.

I was at work recently and was called on my two-way radio to go to the main office for a medical emergency. As I started to enter the building, an individual came rushing out the door calling out that we needed an AED. I looked at him and told him that we have none.

He claimed we did. So, I told him to check the building's lower level for one mounted on the wall. Meanwhile, I continued up a flight of stairs to the dispatch office. Upon entering, I found a number of people arguing about what to do for the gentleman lying on the floor.

I interrupted the bickering and asked if anyone called 911. Then I started to check on the person on the floor. It was someone I had known for years. He looked up at me and said, "Hi Doug." I asked for the room to be cleared so that he could be properly checked for a medical problem; I proceeded to evaluate his condition.

While talking with him – having him answer questions – I realized that he was having a stroke. This is when I started to feel a little helpless. Here I am – someone who has had many years of training – and all I could do is sit beside him and comfort him until EMS arrived.

After my co-worker was taken to the hospital, I started to feel sick and very disturbed. Realizing what was happening to me, I found one of the supervisors and asked him if we could talk. He was also feeling very emotional; he was the first one to arrive at the office to help. As one of my former CPR/First Aid students, he understood and shared my sense of powerlessness. We talked...and it helped!

Emotions are something that should not be ignored. Negative emotional responses may include:

- Feeling abandoned or helpless

- Recalling the event over and over

- Self-doubt or a feeling that you have not done something correctly

- Having difficulty concentrating

- Experiencing heaviness in the chest

- Suffering with an upset stomach

- Having difficulties sleeping or having nightmares

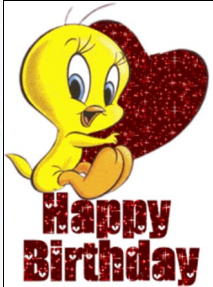
If you experience these or similar problems, you need to share your feelings. Talk to someone you can trust to listen without judgement. Get back to a normal routine as soon as possible. If the problems persist, you may want to seek professional help. It is important to recognize - and properly react to - the emotions that may result following an emergency situation.

Remember to be seen and have FUN getting there!

Doug Motter
Pennsylvania District Educator

JULY 2018

Chapter T Birthdays



- 2nd Bob Berkey
- 7th Mike Bolby
- 9th Richard Duppstadt
- 16th Tina Bolby



Chapter T Anniversaries

Rudy & Connie Cramer

**BEST
WISHES TO
ALL OF YOU!**



Thinking of You...

Our thoughts and prayers go out to the following members for a speedy recovery!



FOR SALE

2005 Eagle Craft Trailer, \$1500.00 Or best offer.

Contact Rick Dunmyer 814-483-0679



CHAPTER PA T FIRST ANNUAL BUG T 2018 RUN

SATURDAY JULY 7th

**STARTS AND ENDS AT THE
BERLIN COMMUNITY GROVE**

1394 Beulah Rd.

Berlin, PA 15530

REGISTRATION 12:00-1:00PM

\$10.00 Rider, \$5.00 Co Rider

Bullseye Target \$1.00 each or 6 for \$5.00

Picnic lunch to follow ride!



Some days you're the windshield



Some days you're the bug

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